



# MEADOWTHORPE MESSENGER

Meadowthorpe Neighborhood Association, 333 Larch Lane

Website: [www.mnalex.org](http://www.mnalex.org); E-mail: [mnalexky@gmail.com](mailto:mnalexky@gmail.com)

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*Winter is the time for comfort, for good food and warmth, for the touch of a friendly hand  
and for a talk beside the fire: it is the time for home. – Edith Sitwell*

*If we had no winter, the spring would not be so pleasant: if we did not sometimes taste of adversity,  
prosperity would not be so welcome. – Anne Bradstreet*

Submissions for the *Meadowthorpe Messenger* must be sent by the 15<sup>th</sup> of the month to [meadowthorpemessenger@gmail.com](mailto:meadowthorpemessenger@gmail.com).

To receive an electronic copy of the Messenger, please send your e-mail address to [meadowthorpemessenger@gmail.com](mailto:meadowthorpemessenger@gmail.com).

## DATE TO REMEMBER

**General Membership Meeting: Tuesday, January 13, 2015** – Social half-hour at 6:30 p.m. Get to know your neighbors and enjoy refreshments! Meeting at 7:00 p.m. Please be sure to attend this important meeting during which the election by secret ballot for 2016 executive committee will be held.

## EXTRA! EXTRA! READ ALL ABOUT IT!

Beth Workman (Glendale Avenue), having ended her four-year service as Secretary of the Neighborhood Association, will now take over the position of Newsletter Editor. Under Beth's direction, the newsletter will be in capable hands. Beth has gained experience in communities and communication through her work with the Kentucky Justice and Public Safety Cabinet and Kentucky Domestic Violence Association. She has non-profit and professional organization board of director's experience as well. She even writes her own blog!

The remainder of this edition of the *Messenger* is edited by Beth. Going forward, she will edit all the remaining issues for 2016. If you have an article or any submission, you may still send it to [meadowthorpemessenger@gmail.com](mailto:meadowthorpemessenger@gmail.com). Thanks Beth for taking on this important role!

## PRESIDENT'S PONDERINGS

By Meadowthorpe Neighborhood Association President Jim Capillo



Friends and neighbors, I would like to welcome you to 2016! 2015 was an excellent year for the Meadowthorpe Neighborhood Association. While it was my first year as president, I am pleased with the progress we have made as an association. First, we have made great steps towards a noise barrier that should be built in 2017 or 2018 pending state budget approval. Second, the association passed an advertisement policy for the Meadowthorpe Messenger.

Thirdly, a few neighbors created an excellent Tree Walk resource and the city arborist discovered that Meadowthorpe is the proud home of a Post Oak tree, which is the oldest tree of its kind in Fayette County. Also this year we began working on updating the MNA website, which should be finishing up soon to kick off 2016! Finally, MNA collected \$9,599.00 for our association operations in 2016. Understandably 2016 will be an excellent year with the generosity of our neighbors.

Each year presents challenges and opportunities and I look forward to working with neighbors on both fronts.

## BETH'S BEAT

Monthly submission by Beth Workman, *Meadowthorpe Messenger* Editor

Happy 2016! I am pleased and honored to serve as the new editor of the *Meadowthorpe Messenger*. This is an important volunteer position in the neighborhood and I will work hard to ensure that this is a successful year for the *Meadowthorpe Messenger*. My journey to this position started in 2000 when I was an intern and free-lance writer for the Lexington Herald-Leader, while still in high school. Since that time, I have gained valuable writing experience as a grant writer for the state and a nonprofit organization. Currently I am a marketing and proposal writer for a local small business. As the new editor I am excited to share a bit of my life and voice in each newsletter, thus I have started Beth's Beat, a fun monthly piece that I hope will be both informative and entertaining for neighbors.

\* \* \* \*

Every year in late December my dad sends my brother and me a beautiful composition that has been in circulation since before any of us were born. It is the perfect poem to reflect on the past year and look into the year ahead. I will pull out this poem if I am feeling lost or down during the year and it helps to ground me and puts life into perspective. Little is known about the full history of the writing; while it was officially published in 1927, it did not become popular until many decades later. It has been shared by priests, soldiers, and even actors. This month, I would like to share it with you.

### **Desiderata**

Go placidly amid the noise and haste, and remember what peace there may be in silence.

As far as possible without surrender be on good terms with all persons.

Speak your truth quietly and clearly; and listen to others, even the dull and ignorant; they too have their story.

Avoid loud and aggressive persons, they are vexations to the spirit.

If you compare yourself with others, you may become vain and bitter;  
for always there will be greater and lesser persons than yourself.

Enjoy your achievements as well as your plans.

Keep interested in your career, however humble; it is a real possession in the changing fortunes of time.

Exercise caution in your business affairs; for the world is full of trickery.

But let this not blind you to what virtue there is; many persons strive for high ideals;  
and everywhere life is full of heroism.

Be yourself.

Especially, do not feign affection.

Neither be critical about love; for in the face of all aridity and disenchantment it is as perennial as the grass.

Take kindly the counsel of the years, gracefully surrendering the things of youth.

Nurture strength of spirit to shield you in sudden misfortune. But do not distress yourself with imaginings.

Many fears are born of fatigue and loneliness. Beyond a wholesome discipline, be gentle with yourself.

You are a child of the universe, no less than the trees and the stars;  
you have a right to be here.

And whether or not it is clear to you, no doubt the universe is unfolding as it should.

Therefore be at peace with God, whatever you conceive Him to be,

and whatever your labors and aspirations, in the noisy confusion of life keep peace with your soul.

With all its sham, drudgery and broken dreams, it is still a beautiful world. Be cheerful. Strive to be happy.

© Max Ehrmann 1927

**VOLUNTARY DUES CONTRIBUTIONS**

The 2016 voluntary dues drive is a tremendous success! Thanks to our generous neighbors, we have raised \$9,599.00. If you haven't had the opportunity to give, contributions are accepted at all times! If you prefer to use the U.S. Mail, please send your donation to 333 Larch Lane. Remember all donations are tax deductible from Federal income tax under section 501(c)(3) of the Internal Revenue Code.

Street	Amount	Street	Amount
200's Boiling Springs	\$355.00	300's Larch	\$310.00
300's Boiling Springs	\$390.00	Leona	\$65.00
Burke Road	\$1,405.00	Meadowthorpe	\$1,360.00
Forbes Road	\$315.00	Old Leestown	\$950.00
200's Glendale	\$465.00	Pelican	\$380.00
300's Glendale	\$375.00	Pepper	\$620.00
200's Hillsboro	\$339.00	200's Taylor	\$625.00
300's Hillsboro	\$365.00	300's Taylor	\$250.00
200's Larch	\$745.00	Townley Drive	\$285.00

**MNA OFFICER NOMINATIONS FOR 2016**

**For President – Jim Capillo (Meadowthorpe Avenue):** Jim, born, raised and educated in New York City. Upon graduation from Law School, he was offered employment in Lexington and moved with his dog and Volkswagen. He fell in love with the area and although he did not stay at the law firm, he took and passed the Kentucky Bar exam and opened a private law practice, rather than return to New York. After ten years in private practice, he accepted a full time position in government and served as one of two Chief Prosecutors for the Fayette County Attorney. He moved to Meadowthorpe soon after he took the position with the County Attorney. During his service with the County Attorney, he came to the attention of the Fayette County Jailer, who hired him in 1993, and he has served at the jail ever since, in Training, Policy Writing, as a Commander and as contract overseer. Jim has served on the Board of AYS, a non-profit helping at risk youth; as a founding Board member of FOP Lodge 83; and as an officer of West End Alliance. In his spare time, he referees soccer, swimming and Quick Recall academic competitions. Jim lives on Old Leestown Road and is excited to run for a second term as President.

**For Vice President** –Substitutes for and acts on behalf of the president in his or her absence or upon his or her request. The vice-president serves as liaison with the street representatives and coordinate their activities. He or she also carries out other duties as may be requested by the president or the MNA Board of Directors.

Late nomination: Bill Congleton of Glendale has agreed to run for Vice President.

**For Secretary** – Writes and keeps a record of the minutes of general membership, executive committee, and board meetings; maintains a file of standing and ad hoc committee meeting minutes; responsible for external MNA communications and routine correspondence; oversees the MNA web site and newsletter; keeps and maintains the MNA records, treasurer's records excepted.

**For Treasurer – Linda Melton (Glendale Avenue):** Linda was born and raised in Southeastern Kentucky. She earned a business degree from the University of Kentucky and bought her first home on Glendale Avenue in 2006. Linda has worked in the financial services sector for nearly 20 years. In January of 2012, Linda, along with four partners, created a municipal financial advisory firm in Lexington. Linda also serves as Treasurer/Secretary of a small, privately held corporation. Linda enjoys serving her neighborhood and is happy to utilize her years of experience to aid in the safekeeping and stewardship of MNA funds and assist in moving MNA toward the future.

## NEIGHBORHOOD ANNOUNCEMENTS, ADS AND COUPONS

Advertisements in the *Meadowthorpe Messenger* are printed at no charge for neighbors and neighborhood businesses per the MNA Ad Policy. These ads are printed as a service at the request of neighbors and do not imply a reference or endorsement by the MNA for any particular business or service person. Always seek your own references.

### NOTICE TO ADVERTISERS

No advertisements are included in this issue of the *Meadowthorpe Messenger*. Per the Advertisement Policy (below) each advertiser must submit a new ad for the year. If you would like to advertise, please submit your new ad to [meadowthorpemessenger@gmail.com](mailto:meadowthorpemessenger@gmail.com) before January 21, 2016.

### MEADOWTHORPE MESSENGER ADVERTISEMENT POLICY

Approved by the Communication Committee on May 26, 2015

Approved by Membership on August 11, 2015

Ad space is available only to MNA Members and to neighborhood businesses within Meadowthorpe as Meadowthorpe is defined in the current Bylaws.

A Member may not include an ad for a business physically located outside the defined boundaries of Meadowthorpe.

Because space for ads is limited, the Messenger may not be able to include all ads. Space for ads will be determined issue-by-issue at the discretion of the Editor. In cases where an issue requires more space for news, announcements, etc., the editor may remove any or all ads for that issue at his or her discretion and without regard to the timing of the placement of the ad or ads.

Ad copy will be included as close as possible to the submission of the advertiser, but all ads, with the exception of those governed by law, will be subject to editing by the editor.

All ads will expire with each December issue of the Messenger and must be resubmitted for the January (or subsequent) issue following to be included for the current year. Each December, the Editor will notify advertisers of this policy by the most expedient method.

Ads will be included each year on a first come/first served basis until available ad space is consumed.

The Editor, at his or her discretion, may reject any ad. In doing so, the Editor may seek advice from the Communication Committee, if he or she feels it necessary.

Any MNA Member may question the appropriateness or inclusion of any ad by appealing to the Editor. Failing resolution at that level, the matter will be elevated to the Executive Committee.

Seasonal ads, e.g., lawn services, must be revised by the advertisers as seasons change or such ads will be removed at the discretion of the Editor.